



Evergreen

Child and Youth Mental Health Framework

Project Lead: Dr. Stan Kutcher

Project Coordinator: Alan McLuckie

CYAC Chair: Dr. Simon Davidson



*Kathryn A.
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Charitable
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T. R. Meighen
Family Foundation

Presentation Outline

- Brief review of the background on the Mental Health Commission of Canada
- Evergreen Framework Development
 - Purpose and applications of Evergreen
 - Process of Development
- Share your thoughts...
 - Provide direct input into the Evergreen Framework



Mental Health Commission of Canada (MHCC)

- The MHCC is a non-profit organization at arm's length from all levels of government.
- Created by the federal government of Canada based on Senate Standing Committee report:
“Out of the Shadows at Last – Transforming Mental Health, Mental Illness and Addiction Services in Canada.”
- Funding to create MHCC announced in March 2007.

(Mulvale, 2009)



MHCC Mandate

- Five strategic initiatives:
 - Mental health strategy for Canada
 - 10-year Anti-stigma/discrimination initiative
 - Creation of a knowledge exchange Centre
 - 5 homeless and mentally ill research demonstration projects
 - Partners for Mental Health
 - *For more information visit www.mentalhealthcommission.ca*
- MHCC as “catalyst” for mental health system transformation
 - Not involved in service delivery

(Mulvale, 2009)



MHCC Advisory Committees

- *Children/youth (CYAC)*
 - *Seniors*
 - *Family Caregivers*
 - *First Nations, Inuit, Métis*
 - *Mental Health & the Law*
 - *Science*
 - *Service Systems*
 - *Workplace*
- Composed of youth, parents/caregivers, professionals, community members, individuals with lived mental health experience
 - Purpose:
 - Support the MHCC in engaging with the broader stakeholder community
 - Carry out projects to support the MHCC initiatives
 - CYAC - Chaired by Dr. Simon Davidson
 - Evergreen is a project of the CYAC

(Mulvale, 2009)



Evergreen Framework: Background & Objectives

- Intended to complement and provide child and youth context to the *Mental Health Strategy* of the *MHCC*
- Evergreen is a Mental Health Framework specific to children and youth designed to;
 - a) Guide, rather than prescribe, policy & program development
 - b) Assist provincial and territorial governments and organizations in creating or modifying child and youth mental health strategies, policies and programming
 - c) Raise public awareness regarding child and youth mental health



Development Process

- **Committee Recruitment & Formation**

- Multi-stage recruitment:

- a) CYAC used as key informant group
- b) Systematic search to identify committee members
- c) Snowball referral from recruited members to fill “gaps” in knowledge
- d) Emphasis on recruiting youth, parents, youth with lived mental health experience and vulnerable populations

National Advisory Committee

- 100 Canadian professionals, youth and parents

Drafting Committee

- 30 Canadian mental health professionals, youth & parents

International Advisory Committee

- 25 world renowned experts in mental health

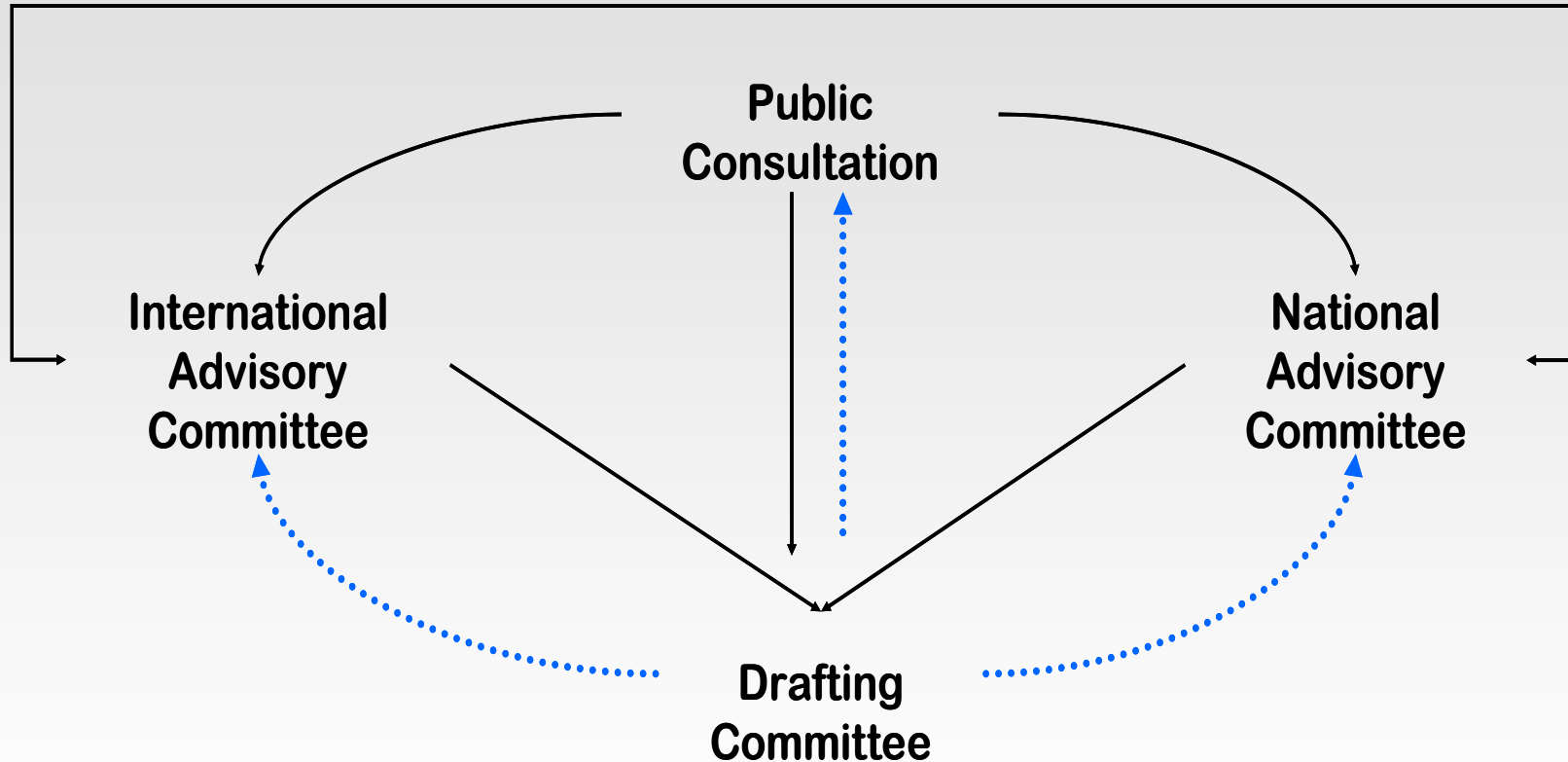


Consultation Process

- Online Collaborative Consultations
 - Committee Consultation using [Socialtext](#)
 - Iterative process: “passing of the baton” in real time
 - Public Consultations using online surveys
 - 1st general public consultation 1000+ participants
 - 1st youth specific consultation 200+ participants
- Analysis, Aggregation and Synthesis
 - Systematic search for seminal literature
 - Creation of online library to inform committees
 - Analysis & synthesis of public input
 - Grounded theory approach to data-analysis



Collaborative Consultation



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Value and Principle 2 ▼ HIDE

Value: Embrace Equity

Associated Principles

- a) Cultural, ethnic and community perspectives are appropriately addressed ~~recognized~~ in systems of care, **mental health promotion**, research and policy development
- b) The perspectives of all, importantly children and other consumers of "care" are fully included in service development and implementation, promotion activities, policy development and research
- b) Differences across ~~The importance of different~~ geographic regions are appropriately considered ~~recognized~~ in systems of care, **mental health promotion**, research and policy development
- c) All people living in Canada, regardless of identity, feel welcomed in the ~~any~~ provision of the full continuum of mental health care
- d) Equity enriches and strengthens Canada through the interaction of different modes of thought, behaviour and culture and a commitment to equity will lead to multiple approaches to mental health promotion, research and policy development


Comments posted by Advisory Committee Members

RE: 2c, I wonder if there might be a bit more clarity around what "special or unique *effects* may need to be made..." means. Does it mean re-shaping entire programs or making special provisions in individual cases? I wonder also if a comment like "by acknowledging that racism and discrimination experienced by diverse groups can have a significant impact on their mental health" might also be useful to include. This would help to show an appreciation that 1) these are very real experiences shared by many members of diverse groups, and that 2) the mental health system is aware of its role in perhaps mediating this.


contributed by  [Purnima Sundar](#) on Jun 10 11:58am

Given the enormous geographic dispersion of Canadian populations, should a principle be identified that programs should make use of or contribute to the development of technology that makes services more accessible to all Canadians regardless of where they live?

contributed by  [Harold Lipton](#) on Jun 15 12:41pm

Agree with P. Sundar's comment, above. Also agree that innovative technology (eg some of the web-based supports piloted in Nova Scotia for pediatric health) be considered as a geographic and access equalizer contributed by  [Jgarland](#) on Jun 16 1:32pm

One consideration would be to include the importance of linguistic competency and providing services that reflect and are responsive to the various languages that are part of differing cultures. Also, there may be some value in expanding the concept of diversity beyond race and ethnicity. For example diversity in sexual orientation, gender expression, religion, socioeconomic

status, immigration status and family composition. contributed by  [Gary Blau](#) on Jun 17 7:37am

I agree with Purnima Sundar's comment about effects of racism on mental health being acknowledged in the principles. If there is reference to diversity in terms of ethnicity & culture in these principles I think aboriginal culture/ethnicity should be "top of the list." As it stands there is ref to aboriginal culture only in the principles/value related to safety - a slightly obscure place. I thought

Tags

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Incoming Links

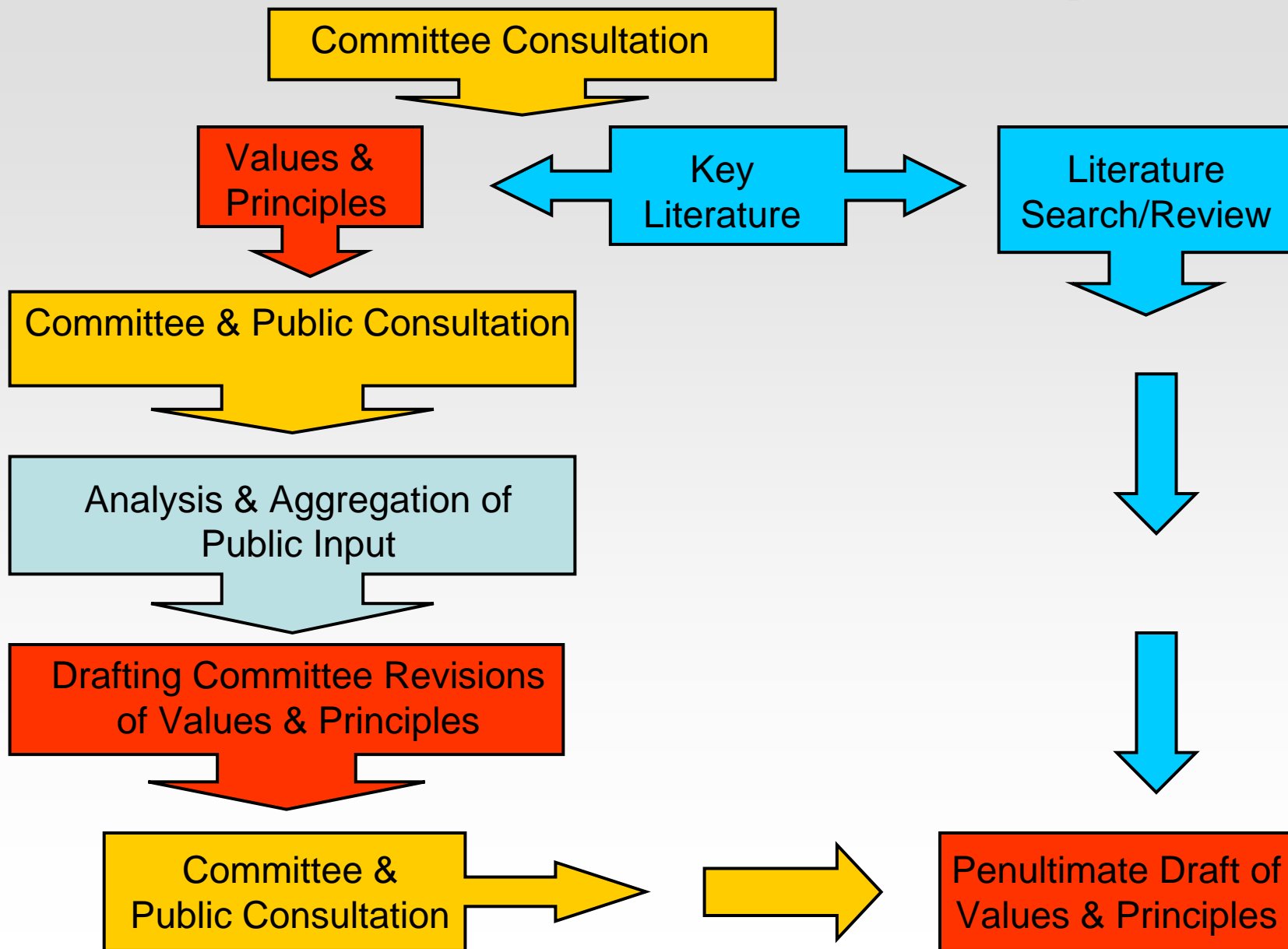
[Values and Principles Document](#)

Attachments

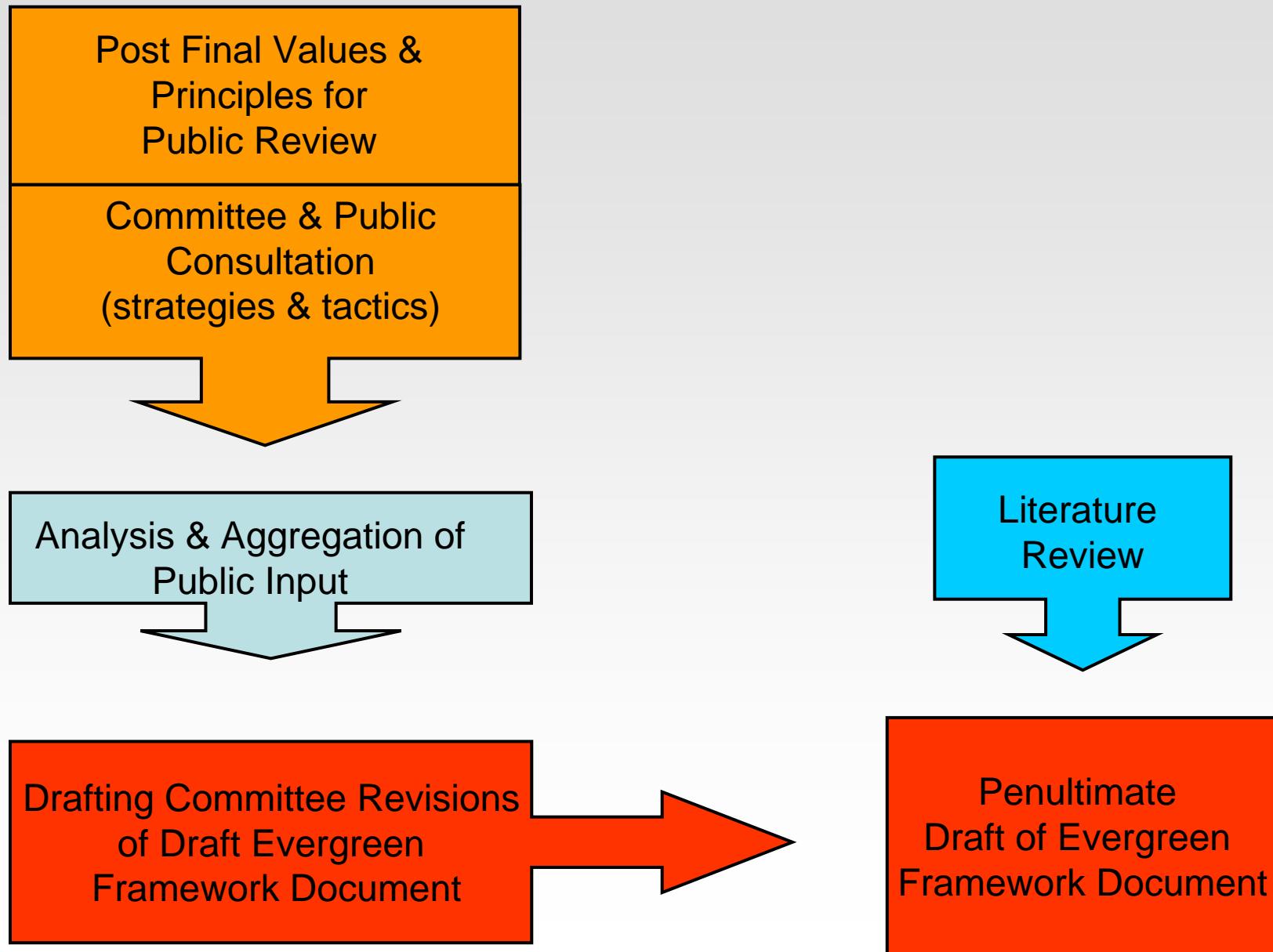
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**Sample Page
from
Evergreen's
Socialtext
workspace for
committee
consultations**

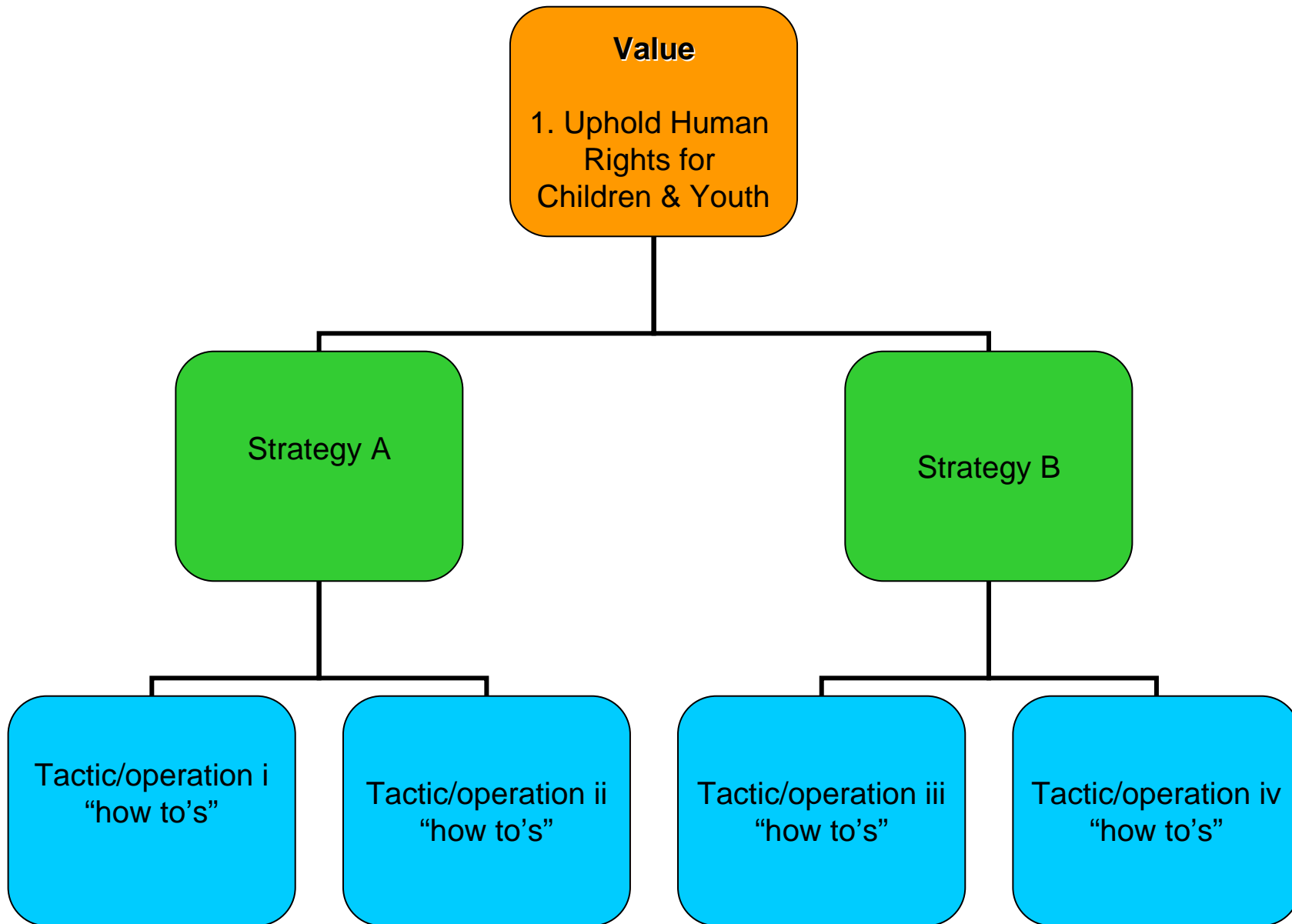
Phase 1: Values & Principles



Phase 2: Evergreen Framework



Final Framework Structure



Evergreen's Core Values*



* Please note: At time of printing Evergreen's Values were still in the process of being finalized.

Project Timelines

- November 2008---Project Launched
- July – Sept. 2009--First Online Public Consultation
 - Youth focused online consultation October-November 2009

Future Online Public Consultation

- **December 2009** — Posting of penultimate draft of Values & Principles for final comment
- **January 2010** – Posting of Final Values & Principles for review and seeking input regarding Strategies and tactics to realize values
- **February 2010**– Evergreen Drafting Committee working on draft Evergreen Framework Document, at the centre of which sits the values & principles
- **Spring 2010**– Final Evergreen Document submitted to CYAC of MHCC



Sharing Your Thoughts...

Regarding Evergreen's Core Values



<p align="center">Value Statements</p>	<p align="center">Suggested Changes?</p> <ul style="list-style-type: none"> • Are we missing any key values? • Would you remove any of these values? • Are changes needed in language, word selection and/or phrasing?
<p>Value 1: Uphold Human Rights for Children and Youth</p> <p>Value 2: Uphold Best Evidence</p> <p>Value 3: Embrace Equity & Universality</p> <p>Value 4: Respect Self-Determinism and support of individual/family responsibility</p> <p>Value 5: Uphold Universal Collaboration</p> <p>Value 6: Strive for Excellence</p> <p>Value 7: Embrace Public Accountability</p> <p>Value 8: Enhance the safety and special protection of the young and the most vulnerable</p> <p>Value X:</p>	
<p>Please provide your name and email address to be informed of future online public consultations regarding Evergreen .</p> <p>Name: _____ Email: _____</p>	

Value Statement	How can we realize these values?	
	Key opportunities	Key barriers
Value __:		
Value __:		
Value __:		
Suggested Value____:		

Future Engagement

- If you have further questions, or if you wish to be made aware of future Evergreen consultations, please email **Alan McLuckie** at **evergreen@iwk.nshealth.ca**

