Youth Mental Health for IWK health professionals

This training program is designed for health professionals working in youth mental health. Its purpose is to enhance the mental health literacy of health professionals who work with youth ages 13 to 25 years. The one day program is delivered in a workshop format by Dr. Stan Kutcher and will provide participants with a solid understanding of mental health and mental disorders that commonly onset during the youth years contextualized to the health care provider setting.

Youth Mental Health for IWK health professionals: Evaluations

Participants:
- 40 IWK health professionals including psychology professionals, social workers, and nurses working in mental health in Halifax Nova Scotia.

Methodology:
- Twenty item multiple choice pre and post tests completed just before and just following the workshop.
- Likert style workshop satisfaction questionnaire completed following the workshop.

Results:

Pre – Post Test Evaluations

1. The Pre-test mean score was: 5.8%
2. The Post-test mean score was: 7.5%

For more information on this and other training programs, visit Teenmentalhealth.org
Likert scale results

The mean scores on the satisfaction evaluation forms for are as follows (on a 0 - 5 scale, 0 being poor and 5 being excellent):

1. Overall I found the workshop useful and informative: 4.6
2. Overall I enjoyed the workshop: 4.5
3. Overall I found the speaker(s) to be of high quality: 4.8
4. Overall I learned information and concepts that will be helpful to me in my work: 4.25
5. I would recommend this workshop to my colleagues: 4.4
6. Overall I would rate this workshop: 4.5
7. Compare to other similar programs I have taken, I would rate this workshop: 2.85

Workshop Participant Comments:

“Great presentation! I needed an update in research and clinical practice.”
“Informative, interesting, engaging”
“Great practical information delivered in a comprehensive way”
“Excellent information that applied to audience”