Campus Resource List
Holland College

Sexual Assault Services:
- Charlottetown Police Services:
  Website: www.charlottetownpolice.com
  Phone Number: 911 or 902-629-4172 for non emergency

- PEI Rape and Sexual Assault Centre:
  Website: http://www.peirsac.org/
  Phone Number: 902-566-1864 or counseling service 1-888-368-8055 or 902-368-8055
  Email: admin@peirsac.org

Student Disability Services:
- Holland College Student Support Services:
  Website: http://www.hollandcollege.com/future-students/counselling-services/
  Phone Number: 902-629-4237
  Email: vcrane@hollandcollege.com

- PEI Council of People with Disabilities:
  Website: http://www.peicod.pe.ca/
  Phone Number: 1-888-473-4263 or 902-892-9149
  Email: peicod@peicod.pe.ca

Student Health Clinic(s):
- Holland College Health Clinic - Leif Christensen, NP:
  Website: www.hcsu.ca
  Phone Number: 902-566-9630
  Email: vcrane@hollandcollege.com

- Holland College - Health Clinic - Lynn Fraser, NP:
  Website: www.hcsu.ca
  Phone Number: 902-566-9630
  Email: vcrane@hollandcollege.com
  *Note: This is an on-campus clinic

- Tele-Health PEI:
  Website: https://www.princeedwardisland.ca/en/information/health-pei/811-telehealth
  Phone Number: 811
  *Note: Speak to a nurse for non-urgent medical conditions

- PEI Walk-In Clinics:
  Website: https://www.princeedwardisland.ca/en/information/health-pei/walk-clinics
  *Note: For non-urgent care
Student Counselling Centre:

- **Holland College Counselling Services:**
  - Website: [http://www.hollandcollege.com/future-students/counselling-services/](http://www.hollandcollege.com/future-students/counselling-services/)
  - Phone Number: Randell Duguid 902-388-7244 or Jill Sabean 902-394-5421
  - *Note: Personal, Academic, Career & Financial Counseling*

Academic Support:

- **Holland College Support Services:**
  - Website: [http://www.hollandcollege.com/future-students/counselling-services/](http://www.hollandcollege.com/future-students/counselling-services/)
  - Phone Number: 902-629-4237
  - Email: vcrane@hollandcollege.com

- **Holland College Peer Tutoring:**
  - Website: [http://www.hollandcollege.com/future-students/counselling-services/](http://www.hollandcollege.com/future-students/counselling-services/)
  - Phone Number: 902-629-4237
  - Email: vcrane@hollandcollege.com

- **Open Academic Studies:**
  - Phone Number: 902-566-9334
  - Email: jdentremont@hollandcollege.com
  - *Note: Program changes, switches or exits*

Other Key Services:

- **Canadian Mental Health:**
  - Website: www.pei.cmha.ca
  - Phone Number: 902-566-3034
  - Email: a.brazil@cmha.pe.ca

- **Aspiria Student Assistance Program:**
  - Website: www.aspiria.ca
  - Phone Number: 1-877-234-5327
  - *Note: 24/7 Confidential & Voluntary Counselling*

- **Holland College Student Union:**
  - Website: www.hcsu.ca
  - Phone Number: 902-566-9630
  - Email: gdgairns@hollandcollege.com

- **Community Mental Health:**
  - Website: [https://www.princeedwardisland.ca/en/information/sante-i-p-e/mental-health-services](https://www.princeedwardisland.ca/en/information/sante-i-p-e/mental-health-services)
  - Phone Number: 902-368-4430 or 902-888-8180

- **Island Helpline:**
  - Website: [http://www.theislandhelpline.com/](http://www.theislandhelpline.com/)
  - Phone Number: 1-800-218-2885
Campus Resource List
Holland College

The Upper Room Hospitality:
Website: http://www.urhm.org/food_bank.html
Phone Number: 902-892-1995
Email: upper_room@pei.sympatico.ca
*Note: PEI’s central food bank, serving families in need

Catholic Family Services Bureau:
Website: http://www.catholicfamilyservicesbureau.com/
Phone Number: 902-894-3515
Email: admin@catholicfamilyservicesbureau.com
*Note: Counselling, Parenting programs, Substance abuse programs, Music therapy, Mediation

Family Service PEI:
Website: http://fspei.ca/
Phone Number: 866-892-2441
*Note: Group, Credit and therapeutic counselling services. Debt repayment, & workplace wellness

Women’s Wellness Program:
Website: https://www.princeedwardisland.ca/en/information/health-pei/womens-wellness-program
Phone Number: 1-844-365-8258
*Note: Sexual health services for individuals of all genders, orientations and ages.

Provincial Addictions Centre:
Website: https://www.princeedwardisland.ca/en/information/sante-i-p-e/addiction-services
Phone Number: 1-888-299-8399